Task Force Co-Chairs: Seddon Savage & Lindy Keller

# Thursday, January 25, 2018

Minutes

**Present:** Seddon Savage, Cynthia Kohen, Jim Potter, Lindy Keller, Rebecca Sky, Allison Piersall, Anna Ghosh, Laurie Harding, Peter Mason, Ann Brannen, Molly Rossignol, Tom Barnes, Yashira Pepin, Kate Frey, Regina Flynn, Kerry Nolte

#### I. Minutes

The November minutes were approved

### II. November Follow Up

- Methamphetamine/stimulant use
  - BDAS has completed a Methamphetamine Topic Brief available: https://www.dhhs.nh.gov/dcbcs/bdas/documents/topic-brief-methamphetamine.pdf
  - Task force members will review and determine if more focused information is needed for clinicians.
- Post-Rehab Cocktail
  - There may be an opportunity for education:
    - How to prescriptions for staff, pharmacists, medical students
    - Effects of medications without tapering staff at 30 day rehab
  - The group suggested convening a meeting of the medical directors at 30 day programs
    - Some programs rely on providers outside the organization to manage patients
      - Lindy will ask Jaime if she can try to find out how many residential facilities are in the state
      - Ann will call residential organizations on the Treatment Locator to determine if they have a medical director
    - Privately run facilities do not have standard care guidelines that they adhere to, except for facility inspections
    - The only way to determine the facilities outside of BDAS contracts would be through health care facility licensing
      - Laurie will contact health care licensing to ask about residential treatment providers in the state
  - The group also suggested that the residential programs may be not be initial prescribers; they may be continuing the 30 day supplies that patients come in with.
    - Patients need to be medically cleared to enter the program, and may be getting the medications for the symptoms they're reporting
    - ASAM may have criteria on getting a person ready to enter a 28 day program that could be shared with providers
    - Are there any states that are making any recommendations to evaluate proper medications at each level of care?
- SBIRT Billing Conversation deferred to discuss with Jim Potter
  - Resources are available from the New Hampshire Youth SBIRT Initiative
  - o http://sbirtnh.org/playbook/play-12/
  - http://4nt012chvn61qlz923lj4nhu.wpengine.netdna-cdn.com/wp-content/uploads/2017/01/Appendix-S.pdf

#### III. DMI data and Medical Examiners Data

- Right now there are 91 cases pending, the deaths may be slightly less than last year.
- There is no way to test fentanyl analogs without a complex lab contract

#### **IV. SUD Education Modules**

- Kerry is receiving requests for training around compassion fatigue; the Harm Reduction Coalition is working on contracting with AHEC to get CEUs
  - The group suggested that these training be available online.
- Seddon is working on modules on SUD in Health Care Settings, Pharmacology, Stigma, Pain Management' these are intended to be slide sets with speaker notes
- IDN Education and Training Subcommittee
  - o UNH, Antioch, and the AHECs are working to determine:
    - What's going on? Who has the calendar?
    - Resources which facilities have modules? are developing modules? Are they free? What kind of speaker bureau can we develop?
  - o Training opportunities sent to Rebecca Sky will be sent to EDs and MAT programs.
    - Peter will add Rebecca to his groups mailing list and invite her to the calls

## V. Prescribing Guidelines

a. The group will review before the next meeting and discuss in February.

#### VI. Other

- The Harm Reduction Conference went very well, thank you to everyone who worked on that.
- Lindy Keller was recognized with a Commissioner's Excellence Award, congratulations!
- Kerry will follow up in February about information on HB 1574 Patients must sign a disclosure form to everyone prescription prescribed opioids
  - The Task Force will add a legislative update to its following agendas; New Futures or the Medical Society will present. Seddon and Lindy will reach out to Kate Frey, Jake Berry, and Jim Potter
- Kerry will look into ASAM and WHO policies related to kicking patients out of programs when they're still struggling with drugs.
- There are 3 more MAT waiver courses, offered at no cost to participants:
  - o March 9, 2018 8:30 am 5:00 pm at the Elliot in Manchester, NH
  - Other two pending approval: proposed April 27 at WDH or June 1 or June 15 at DHMC
- FNH Harm Reduction Coalition is having a strategic planning meeting on February 21 at 6:30 PM at UNH LAW in Concord. Kerry will send an invitation to the group
- There are less than 1,300 naloxone kits left to distribute. BDAS is trying to get them in the hands of people using drugs; the priority is recovery community organizations and direct treatment providers
  - Right now there is no funding to order more for BDAS; any additional funding may be very targeted
  - o Kerry will talk with Lindy about adding Syringe Services to the priority distribution

Next Meeting
Thursday, February 22, 2018
9:00am-10:30am
NH Hospital Association, 125 Airport Road, Concord

Call In: 719-394-0264, (PIN: 18841)