

Working Together to Improve Health Outcomes: How Healthcare, Public Health and Your Community work together to improve Behavioral Health and Substance Use Disorder Outcomes

This depicts healthcare, public health and community services available in New Hampshire and how they connect to one another to coordinate care for individuals at risk for or experiencing a behavioral health issue and/or substance use disorder.



Public Health

In New Hampshire, select services are provided through 13 regional public health networks (RPHN). Each RPHN coordinates the implementation of programs and policies aimed at improving health and decreasing the risk for poor health outcomes.

<http://nhphn.org/>

The 10 Essential Public Health Services describe the public health activities that all communities should undertake and serve as the framework for the National Public Health Performance Standards (NPHPS) instruments. Public health systems should:

1. Monitor health status to identify and solve community health problems.
2. Diagnose and investigate health problems and health hazards in the community.
3. Inform, educate, and empower people about health issues.
4. Mobilize community partnerships and action to identify and solve health problems.
5. Develop policies and plans that support individual and community health efforts.
6. Enforce laws and regulations that protect health and ensure safety.
7. Link people to needed personal health services and assure the provision of health care when otherwise unavailable.
8. Assure competent public and personal health care workforce.
9. Evaluate effectiveness, accessibility, and quality of personal and population-based health services.
10. Research for new insights and innovative solutions to health problems.

<https://www.cdc.gov/nphpsp/essentialservices.html>

Primary Care

Primary care provides a patient-centered medical home where individuals and families receive routine services like health promotion, disease prevention, and diagnosis and treatment of acute and chronic illnesses.

Specialty Care Services

Specialty care services include:

- Outpatient counselling services for individuals, families and groups
- Intensive services, intensive outpatient or partial hospitalization
- Residential services have programs available by gender, age and other specialty populations

Community Services and Support

Care coordination among community support organizations, health care, and behavioral health care is needed to achieving overall wellness.

Services include:

- Housing
- Childcare
- Transportation
- Care coordination
- Employment assistance
- Skill building

For more information, visit: <https://www.cdc.gov/nphpsp/essentialservices.html>