

NEW HAMPSHIRE REGISTRY OF INTERVENTIONS: EVIDENCE-BASED PRACTICE				
Program Name	Program Description	Organization	Contact	Date of Endorsement
Take Control	Take Control is a ten-hour, evidence-based conflict resolution program for adolescents, which includes a parent education component. Take Control addresses the following risk factors that inhibit healthy development: family management problems, family conflict, anger management issues and general relationship conflicts. A proven precursor to drug and alcohol abuse is anger. Take control increases the teens understanding of the effects of anger to identify what triggers their anger, as well as presenting coping skills to deal with emotions in a positive and responsible manner.	Upper Room http://urteachers.org/	Diane Casale DCasale@urteachers.org	2013
One Voice Youth to Youth	The One Voice Youth Empowerment Model (Model) was developed by Dover Youth to Youth (Y2Y) as a process for empowering youth to work together to reduce substance abuse through environmental change. The Model emphasizes achieving empowerment through the development of expertise on any targeted issue; the attainment of very high skill levels needed to take action; and creating the opportunity to apply those skills through meaningful action. To assist others in implementing the Model, Dover Y2Y provides training, TA, webinars, and have created the comprehensive One Voice Youth Empowerment Toolkit. Dover Y2Y was started in 1992 and currently has 70 students in grades 6-12. The students in this award winning group create original media, conduct presentations, plan awareness projects, and propose policy changes at the local and state level.	City of Dover, Dover Youth to Youth One Voice Model and Dover Youth to Youth can be found at www.DoverY2Y.org .	Dana Mitchell d.mitchell@dover.nh.gov	2013